

**EXOTIC**  
DESTINATIONS 异国风情

**7D6N**

# ~ NEPAL ~ KATHMANDU & CHITWAN

KATHMANDU, CHITWAN, LUMBINI, NAGARKOT

Tour Code: 7XKC



NEPAL

LUMBINI  
KATHMANDU  
CHITWAN  
NAGARKOT



**Chitwan National Park  
- 4x4 Jeep Safari  
Wheel Drive**



**Lumbini Garden**



**Bhaktapur Durbar  
Square**



**Swayambhunath Stupa**



Himalaya Sunrise



Tharu Village



Tharu Cultural Show



## SCHEDULE



HERITAGE



HISTORICAL



CULTURE



SCENIC



LEISURE

## CHITWAN

**D1** KUALA LUMPUR → KATHMANDU  
(4H 35M) (MOB/L/D)

Boudhanath Stupa (Entrance Included)

**D2** KATHMANDU – CHITWAN  
(180KM 5H) (B/L/D)

Tharu Village (Walking Orientation)  
Tharu Cultural Show

**D3** CHITWAN – LUMBINI  
(178KM 5H30M) (B/L/D)

Chitwan National Park  
(4x4 Jeep Safari Wheel Drive)

**D4** LUMBINI – KAPILAVASTU  
(32KM 50M) – LUMBINI (B/L/D)

Lumbini Garden (Entrance Included)  
Tilaurakot (Visit)

**D5** LUMBINI → KATHMANDU  
(By Domestic Flight)  
– NAGARKOT (30KM 1H30M) (B/L/D)

Bhaktapur Durbar Square  
(Entrance Included)

\*LUMBINI to KATHMANDU (25M)



**D6** NAGARKOT - KATHMANDU  
(30KM 1H30M) (B/L/D)

View Sunrise over Himalaya  
Patan Durbar Square (Entrance Included)  
Swayambhunath Stupa (Entrance Included)  
Kathmandu Durbar Square  
(Entrance Included)

**D7** KATHMANDU → KUALA LUMPUR  
(4H 30M) (B/MOB)

Arrive Kuala Lumpur

**Tharu Village** – located at the heart of Sauraha Bachhauli. Experience the uniquely placed culture of the Tharu people relish what their culture is like in the Tharu Village Museum. For centuries, the Tharu have lived very close to this protected area and hence their tradition reflects their intimate relationship with the natural world.

**Chitwan National Park** – is the first national park in Nepal. It was established in 1973 and granted the status of a World Heritage Site in 1984. It covers an area of 932km2 and is located in the subtropical Inner terai lowlands of south-central Nepal in the districts of Nawalparasi, Parsa, Citwan and Makwanpur. One of the last populations of single-horned Asiatic rhinoceros lives in the park, which is also one of the last refuges of the Bengal tiger.

**(Tip: During a jeep safari you should not wear bright colors. This will scare the animals so off white, Black, grey, dark green are preferred)**

## LUMBINI

**Lumbini Garden** – in Sanskrit, Lumbini means ‘the lovely’. It is the place where, according to Buddhist tradition, Queen Mahamayadevi gave birth to Siddhartha Gautama in 623 BC, which soon became a place of pilgrimage. Among the pilgrims, Emperor Ashoka who erected one of his commemorative pillars there, identified it as the birth-place of the Buddha.

**Tilaurakot** – the ancient Shakyan city of Kapilavastu, is considered to be the place where Lord Gautama Buddha spent 29 years of his life. Studies reveal that Gautama Buddha had lived his life as a prince and received all the royal luxuries before renouncing his throne and walking out of the Eastern Gate. Tilaurakot is termed as a UNESCO tentative site and is a significant tourist attraction.

## NAGARKOT

**Nagarkot** – is a village in central Nepal, at the rim of the Kathmandu Valley. It’s known for its views of the Himalayas, including Mount Everest to the northeast, which are especially striking at sunrise and sunset. The surrounding scrubland is laced with trails and home to many butterflies. Nagarkot also offers a panoramic view of the Kathmandu Valley. The scenic beauty of the place makes it a very popular hiking route for tourists.

## KATHMANDU

**Kathmandu** – is the capital, the largest city and the namesake of the Kathmandu Valley, at an altitude of 1,400 metres (4,600 feet). Once thought to be the fabled and inaccessible Shangri-La, one of the oldest city continuously inhabited places in the world.



Patan Durbar Square



Boudhanath Stupa



Chitwan National Park

★ ★ ★ ★ ★ HIGHLIGHTS ★ ★ ★ ★ ★

- ✓ 1 Way Domestic Flight
- ✓ Boudhanath Stupa, One of the Largest Round Stupa in the World, listed as UNESCO World Heritage Site
- ✓ Visit Tharu Village to Experience the Uniquely Placed Culture of the Tharu People and Enjoy the Tharu Cultural Show
- ✓ Experience 4 x 4 Wheel Jeep Safari Drive, See the Wildlife in Chitwan National Park
- ✓ Lumbini Garden, the Birthplace of the Lord Buddha, listed as UNESCO World Heritage Sites in 1997
- ✓ Explore to Tilaurakot, Childhood Home of Prince Siddhartha (Lord Buddha), identified he Spent 29 years of His Life
- ✓ Enjoy the Panoramic View of Himalaya Sunrise and Stunning Mountain Scenery on the Edge of the Kathmandu Valley
- ✓ Bhaktapur Durbar Square, Patan Durbar Square & Kathmandu Durbar Square, are the UNESCO Heritage Sites
- ✓ Patan also Known as "City of Fine Arts" and is outstanding for its Artworks and Rich Masterful Legacy
- ✓ Swayambhunath Stupa is One of the Crowning Glories of Kathmandu Valley Architecture
- ✓ Thamel Street is a Shopping Street in Kathmandu, Selling a Wide Range of Souvenirs and Nepalese Local Handicrafts
- ✓ 2 Bottles of Water Per Person Per Day

★ ★ ★ ★ ★  ★ ★ ★ ★ ★

5 ★ HOTEL (2 NIGHTS), SUPERIOR HOTEL (4 NIGHTS)

- ✓ KATHMANDU X 2 NIGHTS
- ✓ CHITWAN X 1 NIGHT
- ✓ LUMBINI X 2 NIGHTS
- ✓ NAGARKOT X 1 NIGHT

\*During major conferences, fairs, and festivals, accommodation may be located in an alternative city without prior notice

\*Some accommodations may not have specific twin or double room types

★ ★ ★ ★ ★  ★ ★ ★ ★ ★

- ✓ 6 Breakfast / 6 Lunch / 6 Dinner
- ✓ Local Cuisine

## KATHMANDU

**Boudhanath Stupa** – is one of the important pilgrims for Buddhists. The Stupa is surrounded by one hundred and eight small niches accommodating the icons of Buddhas, Bodhisatavas and other female deities. The serene environment in the surrounding of the Stupa has added to its attraction. Listed in the UNESCO world heritage site, the huge sized stupa is one of the prime sites for tourists and pilgrims.

**Bhaktapur Durbar Square** – is a former royal palace complex located in Bhaktapur, Nepal. It housed the Malla kings of Nepal from 14th to 15th century and the kings of the Kingdom of Bhaktapur from 15th to late 18th century. The one in Bhaktapur was considered the biggest and the grandest among the three during its independency but now many of the buildings that once occupied the square has been lost to the frequent earthquakes. During its height, Bhaktapur Durbar Square contained 99 courtyards but today hardly 15 of these courtyards remain. Today, this square is recognised by UNESCO.

**Patan Durbar Square** – also known as Lalitpur, house of the residence of the former Patan Royal family. Patan Square and its surrounding are good specimen of ancient Newari architecture. There are three main courtyards in the palace, Mul Chowk, Sundari Chowk and Keshav Narayan Chowk, the oldest one is at the center of the Patan Square. Several multi sized and multi styled temples occupy the western part of the complex. Main among these are Krishna Temple, Bhimsen Temple and the Golden Temple of Hiranya Varna.

**Swayambhunath Stupa** – situated on the top of a hill, is one of the most popular holy and instantly recognizable symbols of Nepal. The temple is colloquially known as the monkey temple because of the large tribe of roving monkeys who guard the temple. This Stupa is laden with 13 gold plated spires symbolizing 13 stages to salvation in Buddhism.

**Kathmandu Durbar Square** – also known as Hanuman Dhoka Durbar (palace), used to be the residence of the Nepali Royal family and administrators. Its one of three Durbar (royal palace) Squares in the Kathmandu Valley in Nepal, all of which are UNESCO World Heritage Sites. Durbar Square is an important site for Buddhist and Hindu rituals, holy ceremonies, royal events, and kingly coronations.



Traditional Nepalese Meal




















**Disclaimer:** Due to Covid-19 travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

**Remark:** There will be no refund or replacement if the tour logistic affected by the above issue. All pictures are for illustration purpose only

## General Information

# NEPAL



<b>Currency</b> 	Nepalese Rupee (NPR)	<b>Credit Card</b> 	Call credit card centre to extend your credit card limit <i>* Credit Card are used widely in Nepal</i>						
<b>Exchange Rate</b> 	RM 1 : NPR 30	<b>Dial Code</b> 	<b>Nepal</b> : + 977						
<b>Voltage</b> 	230 Volts, 50 Hz	<b>Power Socket</b>	Type C (2-pin)   Type M (3-pin)   Type D (3-pin)  <i>*Please bring a universal electric plug adapter</i>						
<b>Time Different</b> 	Approximately 2hrs 15 minutes behind Malaysia time	<b>Luggage Allowance</b> 	Each individual are entitled to check in 1 luggage of not more than 20kgs and a hand carry bag not more than 7kgs.						
<b>Weather</b> 	<table style="width: 100%; border: none;"> <tr> <td style="width: 25%; border: none;"><input type="checkbox"/> <b>Spring</b> Mar - May 16°C - 23°C</td> <td style="width: 25%; border: none;"><input type="checkbox"/> <b>Summer</b> Jun - Aug 23°C - 25°C</td> <td style="width: 25%; border: none;"><input type="checkbox"/> <b>Autumn</b> Sep - Nov 15°C - 24°C</td> <td style="width: 25%; border: none;"><input type="checkbox"/> <b>Winter</b> Dec - Feb 9°C - 12°C</td> </tr> </table>			<input type="checkbox"/> <b>Spring</b> Mar - May 16°C - 23°C	<input type="checkbox"/> <b>Summer</b> Jun - Aug 23°C - 25°C	<input type="checkbox"/> <b>Autumn</b> Sep - Nov 15°C - 24°C	<input type="checkbox"/> <b>Winter</b> Dec - Feb 9°C - 12°C		
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<b>Aircraft Type</b> 	<table style="width: 100%; border: none; text-align: center;"> <tr> <td style="width: 33%;"></td> <td style="width: 33%;"></td> <td style="width: 33%;"></td> </tr> <tr> <td>Malaysia Airline</td> <td>Air Asia X</td> <td>Malindo</td> </tr> </table>						Malaysia Airline	Air Asia X	Malindo
									
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Departure Date: <input style="width: 100%;" type="text"/> Tour Fare: <input style="width: 100%;" type="text"/> Tipping: <input style="width: 100%;" type="text"/> Visa: <input style="width: 100%;" type="text"/>	Flight : <input style="width: 100%;" type="text"/> Airport Tax & Fuel Surcharge: <input style="width: 100%;" type="text"/> Agent Collection Fee: <input style="width: 100%;" type="text"/> Travel Insurance: <input style="width: 100%;" type="text"/> <b>TOTAL :</b> <input style="width: 100%;" type="text"/>
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Travel Agent:

